

# WARM UP!

## REGULATION



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Pólo das Ciências da Saúde, Unidade Central, Piso -1,  
Azinhaga de Santa Comba, Celas, 3000-058 Coimbra



# Regulation

## Article 1

### Definition

This regulation establishes the rules for Warm Up!, taking place online during the month of November of 2021. This competition is an interactive and dynamic game of medical culture, through multiple choice questions of some clinical cases specialties.

## Article 2

### Goals

The objective of this competition is to motivate medical students to participate in our congress and clinical competition, developing a clinical reasoning and the ability of teamwork as well as to practice theoretical knowledge.

## Article 3

### Participation Terms

1. The Warm Up! competition is performed individually.
2. It is mandatory to be a medical student between 1<sup>st</sup> and 6<sup>th</sup> years, inclusive.
3. It is not mandatory to be enrolled in the XI In4Med Congress in order to participate in the competition and there is no need to sign up.
4. The number of participants is not limited.

## Article 4

### Competition Conditions

1. Questions will focus mainly on four out of the ten specialties included in the clinical competition "Doctor, Crack My Case!" even though they might require knowledge from other fields of Medicine as well as non-medical skills to be solved.
2. The Warm Up! competition will happen during the 4 weeks of November 2021 and is done entirely online (**November 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> and 22<sup>th</sup>**).
3. Each clinical case will be published on our website [www.in4med.org](http://www.in4med.org) each **Monday** of November 2021, **at 9 p.m.**, through a form that participants will have to fill with their answers to the clinical case and their personal data.
4. There will be 4 clinical cases (one per week), each one with a brief summary and 3 multiple choice questions, each one with 5 options, where only 1 is the correct answer.
5. The competition is performed individually.
6. The competition will be in English.
7. The Organising Committee of the XI In4Med is sovereign to rule over any omissions of the present regulation.

## **Article 5**

### **Classification**

1. The correct answers are rewarded with a positive point. Incorrect answers receive no points.
2. The participant with more points at the end of the four clinical cases will be placed first.
3. The amount of time the participant takes to answer the clinical case will be registered so in case of 2 participants with the same score, the tiebreak will be done according to it. The quickest participant will have advantage over another.
  - a) The time begins the second the case is released.

## **Article 6**

### **Awards and Winners**

1. Participants ranked in 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places will be awarded.
  - a) In case the winning participant is unwilling or unable to accept the prize, it will be awarded to the following classified participant.
2. The 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places will be given the opportunity to pre-register for the XI In4Med Congress.

## **Article 7**

### **Omitted Points**

The Organising Committee of the XI In4Med reserves the right to decide on all missing situations in this Regulation.

## **Article 8**

### **Final Remarks**

Participation in Doctor Crack My Case! Warm up! implies the full acceptance of the present Regulation.



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